



LEGACY
CHRISTIAN ACADEMY

October 2017 Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sandwich Options

Monday - Turkey & Cheddar on a Whole Grain Bun

Tuesday - Chicken & Cheddar Wrap with Ranch

Wednesday - Turkey, Ham & Swiss on a Whole Grain Bun

Thursday - Steak & Cheddar Wrap

Friday - Tuna Salad on a Whole Grain Bun

(All sandwiches come with fruit and vegetable of the day)

Salad Option

Monday - Chef Salad

Tuesday - Chicken Caesar Salad

Wednesday - Beef Taco Salad

Thursday - Chef Salad

Friday - Chicken Caesar Salad

(All salads served with breadstick and fruit of the day)

2 BBQ Chicken Whole Grain Bun Baby Carrots Fresh Pear Sun Chips	3 Pizza Ranch Broasted Chicken Mashed Potatoes Gravy Buttered Corn Salad	4 Beef Hot Dog Ketchup Onions Cheese Hash Browns Grape Tomatoes Red Grapes	5 Chili with Beef and Beans Shredded Cheese Oyster Crackers Fresh Broccoli Red Apple Whole Grain Bread Stick Cookie	6 Pizza Ranch Pepperoni Pizza
9 2 Soft Shell Beef Tacos Lettuce Cheese Sour Cream Seasoned Corn Red Apple Tortilla Chips Salsa	10 Beef & Cheese Lasagna Hot Dish Mixed Green Salad Creamy Italian Dressing Salad Topping Pineapple Chunks Slice of French Bread	11 Cheese Burger Whole Grain Bun Ketchup Pickle Spear Asian Cole Slaw Banana	12 Wild Rice Hot Dish with Chicken and Vegetables Fresh Broccoli Red Grapes Whole Grain Dinner Roll Brownie	13 Pizza Ranch Cheese Pizza Root beer floats for sale by junior class!
16 Sloppy Joe Whole Grain Bun Baby Carrots Golden Apple Sun Chips Krispy Bar	17 PreK-4th Grade: Chick-fil-A Classic Chicken Nuggets, Fruit Cup or Chick-fil-A Chick-N-Strip Slider, Fruit Cup 5th-12th Grade: Chick-fil-A Chicken Sandwich, Chips or Chick-fil-A Grilled Chicken Cool Wrap, Chips	18 Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad French Dressing Red Grapes Whole Grain Bread Stick	No School	No School
23 Baked Chicken Strips BBQ Sauce Carrot and Celery Sticks Fresh Orange Fritos	24 Pizza Ranch Broasted Chicken Ranch Fries Buttered Corn Salad	25 Salisbury Steak Beef Gravy Mashed Potatoes Grape Tomatoes Banana Slice of Whole Grain Bread Cookie	26 PreK-4th Grade: Chick-fil-A Classic Chicken Nuggets, Fruit Cup or Chick-fil-A Chick-N-Strip Slider, Fruit Cup 5th-12th Grade: Chick-fil-A Chicken Sandwich, Chips or Chick-fil-A Grilled Chicken Cool Wrap, Chips	27 Pizza Ranch Pepperoni Pizza Root beer floats for sale by junior class!
30 Baked Corn Dog Ketchup Carrots and Ranch Red Apple Sun Chips Chocolate Pudding	31 2 Chicken Fajitas Peppers Onions Sour Cream Seasoned Black Beans Sliced Cucumbers Banana Tortilla Chips Salsa			 *All menu items are subject to change.