

Middle School Athletic Overview

Legacy participates in the North Suburban Parochial School League (NSPSL) for middle school athletic competition. The purpose of the NSPSL is to provide through unified effort, support for the development and promotion of school athletic activities for member schools. At the core of the NSPSL is to be concerned with the moral, physical and spiritual welfare of all member school students and to gain the support of the parents in the member schools; involving them with their student athletes experience. Within the NSPSL, LCA will compete against other Christ-centered schools in positive athletic arenas that promote prayer in multiple forms. It is the express intent of each school to respect the host schools prayer choice on game dates. Admission to MS events is free with the exception of season ending tournaments, which help to support the costs incurred by the host schools.

Registration

All offerings are open to 5th- 8th grade students with the set sports fee of \$125/sport/season. Online registration deadline is 2 weeks prior to the season start date. Failure to register by the deadline may result in the application of a 20% late fee and limited participation as some activities will have roster limitations. Legacy has a no-cut policy and will accept all student-athletes interested in participation if registered by the posted deadline. Season start/end dates as well as game schedules are determined by the league director.

Uniforms/Gear

Uniform jerseys are provided by the school. In some instances uniform shorts/pants will need to be supplied by the athlete. Athletes are also responsible for personal equipment (varies by sport).

Practice

It is our goal to offer early practice times for MS athletics whenever possible. The typical MS practice time slots are 2:30-4:00 pm Monday, Tuesday & Thursday. However, in some seasons both space and coach availability will require us to adjust those days and times. Practice days/times are confirmed when coaching staff is secured.

Transportation

Bus transportation is NOT provided for MS athletics. We encourage parent carpools to assist with this throughout the season and will provide contact information to streamline the process. Administration and coaches are discouraged from dictating carpools from a liability standpoint.

Team Constructs

It is the goal of the league and LCA to expose MS students to the world of sports at the appropriate developmental level, thus the league attempts to offer 3 competitive levels for each sport each season. It is the responsibility of each school to evaluate skill level and enter their team into the appropriate level. Given this responsibility, LCA may hold an early evaluation period each season to determine best placement of athletes and teams.

Offerings for this school year along with tentative dates are listed on the reverse-side of this document.



LEGACY

3037 BUNKER LAKE BLVD. NW
ANDOVER, MN 55304
PHONE 763.427.4595
FAX 763.427.3398
WWW.LCAMN.ORG

Fall Details

Sport *

Soccer (Boys/Girls)

Volleyball

Registration Deadline:

August 7

August 7

Practices Begin:

August 21

August 21

Games Begin:

September 18

September 18

Season Tournament:

October 26-28

October 26-28/November 2-4

Winter Details

Sport *

Basketball: Boys

Basketball: Girls

Registration Deadline:

October 16

December 18

Practices Begin:

October 30

January 2

Games Begin:

November 9

January 16

Season Tournament:

January 11-13/18-20

February 22-24/March 1-3

Spring Details

Sport *

Baseball/Softball

Track & Field

Registration Deadline:

March 5

March 5

Practices Begin:

March 19

March 19

Games Begin:

April 9

April 16

Season Tournament:

May 15, 17, 21

NA

*All offerings are based on meeting the minimum number of participants by the posted registration deadline.



LEGACY

3037 BUNKER LAKE BLVD. NW
ANDOVER, MN 55304
PHONE 763.427.4595
FAX 763.427.3398
WWW.LCAMN.ORG