## Athletic Activities Overview

The following are athletic activities offered at Legacy Christian Academy that are run in partnership with the Lions Athletic Department. The rules of the MSHSL do NOT apply to the following activities.

## **Strength Training**

| Registration Deadline: | Not required                          |
|------------------------|---------------------------------------|
| Dates:                 | Monday, Tuesday & Thursday year round |
| Hours:                 | 2:30-4:00pm (must check in by 3:00pm) |
| Grade Offered:         | $5^{\text{th}} - 12^{\text{th}}$      |
| Activity Fee:          | FREE for all enrolled students        |
| Supervisor:            | Mr. Dwight Nelson                     |

## **Ski/Snowboard Club**

| Registration Deadline: |
|------------------------|
| Season Dates:          |
| Practice Info:         |
| Season Tournament:     |
| Grade Offered:         |
| Activity Fee:          |
| Supervisor:            |
|                        |

Early November December - March Saturday evenings NA 5<sup>th</sup>-12<sup>th</sup> \$225 (Additional fees may apply) Mr. Todd Manske

## **Clay Target: Trap Shooting**

Registration Deadline: Season Dates: Practice Info: Season Tournament: Grade Offered: Activity Fee: Home Location: Supervisor: Early March April - June Monday/Thursday evenings Mid-June (exact dates are TBD) 6<sup>th</sup>-12<sup>th</sup> \$35 (Additional fees may apply) Beaverbrook Sportsmen's Club Mr. Todd Foy

\*Additional details available on the Student Life web page.



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