High School Athletic Overview

LCA is a Class A school member of the Minnesota State High School League (MSHSL) and member of the Minnesota Classic Athletic Association (MCAA). All offerings are open to 9th-12th grade students with the set **sports fee of \$175/sport/season**. (In most cases 7th-8th grade athletes interested in participating on a high school team will be evaluated for placement.) The various levels within a sport are determined by the results of **online registration** as of the posted registration deadline. The registration deadline is 2 weeks prior to the season start. After the deadline, a late fee of 20% applies and participation may be limited. Uniforms & transportation* are provided by the school. Parents are responsible for personal equipment (varies by sport). Practice days/times are determined by coaching staff each season. Game days/times are determined by the conference or coach in the case of nonconference match ups. Visit lcamn.org/athletics for more information.

Sagara D/C

Vallarhall

2020-21

Fall Dataila

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Registration Deadline:	August 3	August 3	August 3
Practices Begin:	August 17	August 17	August 17
Games Begin:	August 27	August 27	September 1
Playoffs Begin:	October 29	October 12	October 21

Winter Details Basketball: Boys Basketball: Girls

Cross Country D/C

Registration Deadline: November 2 October 26
Practices Begin: November 16 November 9
Games Begin: November 30 November 23
Playoffs Begin: March 1 February 22

Spring Details	Baseball	Golf: B/G	Track & Field: B/G
Registration Deadline:	March 1	March 1	February 22
Practices Begin: Games Begin:	March 15 March 29	March 15 March 29	March 8 March 29
Playoffs Begin:	May 17	May 20	May 20

Various co-op opportunities exist as well. If your student-athlete is interested in a sport not listed here, please check the athletic website for more details on co-op activities or reach out to the athletic staff.



^{*}Transportation home from contests within 30 minutes of school is NOT always provided. Please check the schedule.