

LEGACY

DAY *of* PRAYER

Elementary Family Evening Prayer Guide for the Legacy Day of Prayer

C.H.A.T. with God

Prayer doesn't have to be a scary thing or something we feel we are doing wrong. It's just a chat with God! Use this acronym to teach your children an easy way to structure their "chats" with the Lord.

- Confess: tell God that we have sinned (PreK-friendly phrase: "I'm sorry")
- Honor: tell God truths we know about Him from the Bible (PreK-friendly phrase: "I love you")
- Ask: lay our requests before God (PreK-friendly phrase: "Please")
- Thank: recognizing what God has done and what He's given us (PreK-friendly phrase: "Thank you")

Head-to-Toe Prayers

An easy way to give children a tangible way to talk with God is to relate topics of prayer to different parts of their bodies. Have them point to their:

- Toes: Pray they would always walk in God's paths and follow Him.
- Knees: Confess when they haven't knelt in prayer to God but have tried to do things on their own.
- Tummy: Thank God for all He provides for us, including our food!
- Hands: Pray for the ways they could serve people.
- Ears: Pray they would hear God's voice above all others.
- Mouth: Pray they would courageously speak God's Word to those who need to hear it.
- Eyes: Pray they would seek God.
- Head: Pray they would have the "mind of Christ" and always consider others, think pure thoughts, and not be anxious or afraid.

Sticky Note Prayers

It can be a very moving experience to see our prayers move from requests to something that's been prayed for to something that's been answered. This activity can show children that no prayer request is too small or too big to be brought before God or to be answered by Him.

- Lay out sticky notes on a table. Label three sections of a wall or a whiteboard with the titles "What to pray for," "Prayed for," and "Answered prayers."
- Have each member of your family write one request per sticky note. Stick them under the "What to pray for" title.
- As different people pray for each need, they can move the notes to the "Prayed for" section.
- When the person who requested the prayer sees an answer, they are able to then move the sticky note into the "Answered prayers" heading!

"Create" Your Prayer

If you or your child have a hard time knowing where to start with your prayer, these artistic ideas can utilize your child's creativity to think small and pray big!

- Play-Doh prayers: Have your child make a representation of what they want to pray for, like a family member or friend, and pray for them. They could also make a home, school, or church and pray for the people who live, work, or serve there.
- Lego prayers: If your child loves to build things, ask them to build their school or their church – or anything else on their minds – and then pray for the people in those places.
- Paint prayers: Maybe your child is gifted with their paint brush – why not ask them to paint something that they want to pray about? You could also make a small family tree out of fingerprints that you can put up on the fridge. Label them with each family member's name, and you can then ask them who they want to pray for in the family each day.