



STRENGTH & CONDITIONING TEACHER AND COACH

Position Title Head Strength & Conditioning MS/HS Teacher and Coach	Incumbent(s)
Department Student Life - MS, HS, Athletics	Reports to (Title) 9-12 Principal
Position Overview: <p>This position will be a .5 FTE teaching role and .5 FTE coaching role in strength and conditioning.</p>	
Essential Functions of the Job <p>Spiritual Commitment and Growth</p> <ul style="list-style-type: none"> ● Strong Christian faith exhibited through personal devotion, worship and prayer life ● Commits to studying God's Word fervently ● Displays application of biblical truths ● Maintains a commitment to the school's Statement of Faith ● Demonstrates a living, growing faith in Jesus Christ and a spiritual role model for students ● Filters instruction through a biblical worldview and integrates faith and learning ● Possess a passion for Christian education and student discipleship. Individual must be comfortable connecting biblical truths and biblical worldview perspectives to their students' lives. <p>Coaching Position Overview</p> <p>To instruct athletes in the fundamental skills, strategy and physical training necessary for them to realize a degree of individual and team success. At the same time, the student shall receive instruction that will lead to the formulation of Christian moral values, sense of accomplishment, acceptable social behavior, self-discipline and self-control. The head coach will oversee the program as it applies to all eligible athletes in conjunction with the Athletic Director.</p> <p>General:</p> <ul style="list-style-type: none"> ○ The success of athletic programs has a strong influence on the school community's image of the entire system. The public exposure is a considerable responsibility and community/parent pressure for winning performance is taxing, but must not override the objectives of good sportsmanship and character development. 	

- o The position includes other unusual aspects such as extended time and risk injury factor.
- o It is the express intent of this job description to give sufficient guidance to function. In cases not specifically covered, it shall be assumed that a coach shall exercise common sense and Godly judgment.

Professional Responsibilities for Coaching

Organization and communication

- Send information/correspondence to players/parents as needed
- Conduct orientation programs for athletes and coaches
- Assume responsibility for schedule development or schedule verification
- Ability to communicate with parents and students effectively through school management software (ie: email, Google classroom)

Administrative

- Follow and complete the preseason and postseason checklist
- Work with Athletic Director on ordering needed equipment
- Inventory, manage equipment
- Repair and clean equipment as needed

Training and Preparation

- Design and implement performance training programs in-season, off-season and pre-season for all school-sanctioned male and female athletic programs
- Work in collaboration with athletic training staff in rehabilitation and strengthening of injured athletes
- Facilitate a collaborative relationship among sport coaches
- Develop systems for tracking athlete attendance and athletic progress
- Conduct an annual needs assessment for each sports team in conjunction with the Athletic Director and sport coaches after each season
- Complete an annual budgetary proposal that includes routine maintenance, purchase of new equipment and any additional needs
- Appropriate development of core values
- Create a purpose statement and share with players and parents
- Appropriate positive motivation
- Previous experience with assessment and evaluation of student progress
- Can articulate and share examples of clear, consistent and effective classroom management techniques appropriate for a strength and conditioning course
- Ability to work with the physical education department for team meetings and collaboration
- Available for parent teacher conferences

Teaching Essential Functions of the Job

Planning and Preparation

- Establishes clear objectives for all lessons, units, and projects and communicates to students.
- Plans and conducts activities for a balanced program of instruction, demonstration and work time that provides students with opportunities to observe, question and investigate that promote physical, mental and social development.
- Prepares lessons that reflect accommodation for individual student differences.

- Plans and supervises class projects, field trips, guest speakers or other experiential activities and guides students in learning from such activities.

Classroom Environment

- Maintains a disciplined learning environment within the classroom, which is built out of respect that is conducive to learning and appropriate to the physical, intellectual, social and emotional development of students.
- Assists in the selection of books, equipment and other instructional materials and conducts annual inventory.
- Manages student behavior in the classroom and administers discipline according to school policies and regulations.
- Plans and supervises purposeful assignments for substitutes, paraprofessionals, and/or volunteers.
- Instructs and monitors students in the use and care of equipment and materials in order to prevent injury and damage.

Instruction

- Integrates biblical principles and Christian philosophy of education throughout the curriculum.
- Presents subject matter according to guidelines established by administrative regulations, Board policies and state/national standards.
- Instructs through a variety of instructional methods such as inquiry, lecture, projects, discussions, demonstrations, discovery, etc. in one or more subjects as assigned.
- Sets clear expectations and directions for student engagement in the learning process.
- Uses technology to enhance student learning and achievement.
- Conducts assessment of student learning styles through formal and informal testing using results for instructional activities.
- Assists students in analyzing and improving methods and habits of study.
- Prepares and implements remedial programs for students requiring additional help.

Professional Responsibilities for Teaching

- Maintains a team player attitude and willingly collaborates in planning and implementing instructional goals, objectives, and methods in alignment with school and state standards.
- Establishes and maintains open lines of communication with students, parents, colleagues, and community members.
- Meets with parents and guardians to discuss their children's progress and to determine their priorities for their children and resource needs.
- Prepares grade reports, progress reports, student improvement reports and others in accordance with school policy.
- Attends staff meetings and serves on committees as requested.
- Attends professional meetings, educational conferences, and teacher training workshops in order to maintain and improve professional competence.
- Performs administrative duties such as bus/car duty, hall and lunch monitoring, and other areas as needed and requested.
- Sponsors extracurricular activities such as clubs, student organizations, and/or academic contests.

- Observes the Matthew 18 principle in conflict resolution. Avoids a negative, critical spirit and takes problems to the appropriate supervisor as necessary.

Education/Experience

- Bachelor's degree of related subject from accredited college/university
- Has previous successful coaching/teaching experience in assigned position at the high or college school level
- Has the demonstrated ability to organize and supervise a total sports program
- Has substantial knowledge of the technical aspects of the program and at the same time must continue to examine new theories and procedures pertinent to the field
- Previous experience teaching or instructing students is preferred

Functional/Technical

- Proficient in required technology including but not limited to classroom management software (FACTS), Google Docs, PowerPoint, Word, Excel, and internet

Licensing/Certification

- First Aid, CPR and AED certification preferred
- Maintains Continuing Education Requirement for MSHSL

Interpersonal Effectiveness

- Strong positive verbal and written communication skills
- Professional, approachable, respectful
- High level of integrity
- Efficient and well organized
- Ability to handle difficult situations with tact and diplomacy
- Patient and calm demeanor under pressure

Working Conditions and Physical Requirements

- Ability to demonstrate required skills
- Indoor and outdoor environment
- Hearing and speaking to exchange information
- Seeing to read and verify accuracy of information
- Sitting/standing for extended periods of time
- Dexterity of hands and fingers to operate computer and other equipment
- Ability to navigate up to three flights of stairs
- Ability to operate field maintenance equipment
- Ability to lift a minimum of 55 pounds.

Season Start Date: June 3, 2024

Season End Date: June 3, 2025

Days: Monday-Friday 1.0 FTE

This position will be the sole opportunity for summer camp strength and conditioning opportunities outside of Legacy sports programs.

This job description lists the major duties and requirements of the position and is not all-inclusive. Employee(s) may be expected to perform job-related duties other than those contained in this document and may be required to have specific job-related knowledge and skills.